



Barons - Eureka - Warner
Family & **C**ommunity **S**upport **S**ervices
www.bewfcss.ab.ca

March 2010

The Coaldale Parent Link Centre

(Serving Coaldale and County)

2012 - 18th Street, Coaldale, Alberta - Phone 345-6577



Alberta

www.parentlinkalberta.ca

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p>Welcome to the Coaldale Parent Link Centre</p> <p>Parenting & Family Coaches: Sheila Roth and Maria Klassen (345-6577)</p> <p>Counsellor: Lisa Parkin</p> <p>Teen Programs: Tanie Reid, Teen Specialist Amanda Laturnus, Youth Coach (345-3000)</p>	Stay & Play (9:30 - 11:30 am) (1:00 - 3:00 pm)	PPP (9:00 - 11:30 am) (12:30 - 3:00 pm)	PPP (9:00 - 11:30 am)		Stay & Play (9:30 - 11:30 am)	
	8	9	10	11	12	13
	Stay & Play (9:30 - 11:30 am) (1:00 - 3:00 pm)	PPP (9:00 - 11:30 am) (12:30 - 3:00 pm)	PPP (9:00 - 11:30 am)		No Programs	
	15	16	17	18	19	
	Stay & Play (9:30 - 11:30 am) (1:00 - 3:00 pm)	PPP (9:00 - 11:30 am) (12:30 - 3:00 pm)	PPP (9:00 - 11:30 am) The Importance of Father (7:00 - 8:30 pm)	NEW! Family Fun "Stay & Play" (6:30 - 8:00 pm)	Stay & Play (9:30 - 11:30 am)	<div style="border: 1px solid black; border-radius: 50%; padding: 10px; text-align: center;"> <p>Attention Dads!</p> <p>Family Fun "Stay & Play"</p> <p>Everyone is welcome.</p> <p>March 18 6:30 - 8:00 pm</p> </div>
	22	23	24	25	26	
	Stay & Play (9:30 - 11:30 am) (1:00 - 3:00 pm)	PPP (9:00 - 11:30 am) (12:30 - 3:00 pm)	PPP (9:00 - 11:30 am)	 Child Development Checkups March 25 & 26 Book your appointment. 403-345-6577		
	29	30	31			
	Stay & Play (9:30 - 11:30 am) (1:00 - 3:00 pm)	PPP (9:00 - 11:30 am) (12:30 - 3:00 pm)	PPP (9:00 - 11:30 am)	 Stay & Play is a drop-in program. Please join us whenever you can.		

"When a child is not helped with her intense feelings - alarm systems in her lower brain can be made to be overactive in later years." Margot Sunderland

BEW FCSS

Coaldale Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen, Parenting, Senior and Volunteer Programs. Your taxes are providing these programs at your Parent Link Centre. Please take advantage of these programs at **NO CHARGE!**

Stay & Play

Stay & Play is a valuable program for parents and children (birth to 5 years old) to attend together.

- **No charge**
- Registration is not required
- Songs, rhymes, stories, sand & water play, gym, dress-up, science, & much more
- Safe and inviting environment

A typical day at Stay & Play:

Free Play - Snack -
Circle Time - Messy Play -
Tidy Up Time - Time to Go

THE IMPORTANCE of FATHER

The significance of fathers in children's lives has been underestimated for too long. This brief look at and discussion of the often surprising contributions fathers make in their children's lives, even when we don't think they are, will have you rethinking this relationship. Highlights of Parenting research accumulated over decades will be presented along with "what does it mean for us?"

Instructor: **Brett Drewry**, M.Ed., CCC, RSW
Barons-Eureka-Warner Family and Community Support

Date: Wednesday, **March 17, 2010**

Time: 7:00 - 8:30 p.m. Fee: \$5.00

Where: Coaldale Public Library McCain Gallery
2014 - 18 St., Coaldale

Register by: March 10, 2010

PARENT PRESCHOOL PROGRAM OF SOUTHWESTERN ALBERTA:

Parent Preschool offers a free, stimulating education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months - 5 years and their parents/caregivers

When: Tuesdays & Wednesdays

Temporary Location: Coaldale United Church

To register: call 403-320-3499 and leave a message.

Connecting parents to the resources in their community.

- Parent Education
- Family Support
- Information Referrals
- Early Childhood Development.

COUNSELLING - BEW FCSS:

BEW FCSS counsellors are available for counselling services Monday through Friday 8:30 - 4:30 pm. Please call to make an appointment with Lisa Parkin or Tanie Reid at 403-345-3000.

FAMILY FUN "STAY & PLAY":

Family Fun "Stay & Play" is an opportunity for family's to have a night out. Everyone is welcome. No charge, drop in and have some fun. Thursday, March 18th. (6:30 - 8:00 pm)



Wondering about your child's development?

Is your child ready for preschool/kindergarten?

An opportunity to participate in a developmental check up March 25 & 26th in Coaldale. You can find out, if your child is achieving his or her developmental milestones and will be prepared to arrive at preschool/ kindergarten ready to learn. All parents with children between 2 and 5 years of age are encouraged to participate to learn more about their child's development and the community resources and programs available. If you have any questions talk to your Parent & Family Coaches.

For more information contact, Christine Kinahan, Grow Along With Me Educator, FCSS Coaldale at 403-345-3000.