



Barons - Eureka - Warner

Family & Community Support Services

www.bewfcss.ab.ca

March 2010

The Nobleford Parent Link Centre

112 Kipp Street, Nobleford Community Complex

Phone 403-345-3000 or 1-866-345-8800



Alberta

www.parentlinkalberta.ca

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|--------|---------|--|----------------------------------|--|----------|---|--|
| 1 | 2 | 3 | 4 | 5 | 6 |  <p>Welcome to the Nobleford Parent Link Centre</p> <p>Parenting & Family Coach: Maria Klassen</p> <p>Counsellors: Lisa Parkin and Tanie Reid</p> <p>Youth Coach: Amanda Laturnus</p> | |
| | | | Stay & Play (9:30 - 11:30 am) | PPP (9 - 11:30 am) Community Activity Night (6:00 - 8:30 pm) | | | |
| | | 10 | 11 | 12 | 13 | | |
| | | | Stay & Play (9:30 - 11:30 am) | PPP (9 - 11:30 am) Community Activity Night (6:00 - 8:30 pm) | | | |
| | | 17 | 18 | 19 | 20 | | |
| | | | Stay & Play (9:30 - 11:30 am) | PPP (9 - 11:30 am) Community Activity Night (6:00 - 8:30 pm) | | | |
| | | 24 | 25 | 26 | 27 | | |
| | | | Stay & Play (9:30 - 11:30 am) | PPP (9 - 11:30 am) | | | |
| 29 | 30 | 31 | | | | | |
| | |  <p>Child Development Checkups - March 31. Book your appointment, 403-824-3488 or talk to Maria</p> | | | | | |

Connecting parents to the resources in their community

- Parent Education
- Family Support
- Information Referrals
- Early Childhood Development

Parenting and Family Coach
Maria Klassen
403-345-6577
or
1-866-345-8800

"When a child is not helped with her intense feelings - alarm systems in her lower brain can be made to be overactive in later years." Margot Sunderland

BEW FCSS

Nobleford Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities

to reach their potential through Counselling, Teen, Parenting, Senior and Volunteer Programs.

Your taxes are providing these programs at your Parent Link Centre. Please take advantage of these programs at **NO CHARGE!**

STAY & PLAY:

Stay & Play is a valuable program for parents and children (birth to 5 years old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

- Songs
- Rhymes
- Stories
- Sand/Water Play
- Dress-up
- Housekeeping
- Blocks
- Science
- Creative Art
- Brain Building Messy Play

These are all available in a safe and inviting learning environment.

Drop-in on:

Thursdays: 9:30 - 11:30 am

A Typical day at Stay & Play:

Free Play - Snack - Circle Time - Messy Play - Tidy Up Time - Time to Go

FRIDAY COMMUNITY

ACTIVITY NIGHT:

Robert Fothergill and BEW FCSS Teen Program will again be co-hosting the Friday Night Youth Activity Nights!!

Nobleford Community Complex

6:30-9:00 pm Friday nights

* Please note that there will always be a planned activity posted. In addition, there may also be a video game challenge, board games, open gym, snacks and the ability for youth to interact with their parents and peers*

Parent Participation is strongly encouraged!!

BEW FCSS - COUNSELLING:

Lisa Parkin will be available to provide counselling services at no charge. Although Lisa specializes in marriage and relationship counselling, she is also able to work with clients on a variety of other issues such as family conflict, personal issues and play therapy with children. She is also able to provide workshops and groups for the community if a particular need is expressed.

Tanie Reid will also be available to provide counselling services at no charge. Although Tanie specializes in teen counselling, she is also able to work with clients on a variety of other issues.

Tanie is able to provide workshops on building healthy relationships and Why Try to both teens and their parents. You can e-mail her at Tanie.Reid@albertahealthservices.ca

Please call the Coaldale Community Health 403-345-3000 or 1-866-345-8800 to make an appointment. **(No Charge)**

WONDERING ABOUT YOUR CHILD'S DEVELOPMENT?



Is your child ready for preschool/kindergarten?

An opportunity to participate in a developmental check up is coming March 31st in Nobleford. You can find out, if your child is achieving his or her developmental milestones and will be prepared to arrive at preschool/kindergarten ready to learn. All parents with children between 2 and 5 years of age are encouraged to participate to learn more about their child's development and the community resources and programs available. If you have any questions talk to your Parent & Family Coaches. For more information or to book an appointment call 403-824-3488 or talk to Maria Klassen.

PARENT PRESCHOOL PROGRAM OF SOUTHWESTERN ALBERTA:

Parent Preschool offers a free, stimulating education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months - 5 years and their parents/caregivers

When: Friday, 9-11:30 am

Location: Nobleford Community Complex

To register: call 403-320-3499 and leave a message.

We invite all family members to join us at Stay & Play – Moms, Dads, Grandparents, and Caregivers.