



Barons - Eureka - Warner
Family & Community Support Services

March 2010

The Raymond Parent Link Centre



Located in the south end of Raymond Elementary School - Phone 403-752-4301

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B&M BABY AND ME	1	2	3	4	5	6
S&P Stay & Play	RPP 8:30-11:15 RPP 1:00-3:15		RPP 9-11:15 S&P 1-3:15 pm Daddy & Me 6-7:30 pm Infant Massage 6:30-8	S&P 9:00-11:30 RPP 1:00-3:15 GFC orders due BY 3 PM	S&P 9:00-11:15 B&M 11:30-12:45	
RPP Raymond Parent Preschool	8	9	10	11	12	13
GFC Good Food Club	RPP 8:30-11:15 RPP 1:00-3:15	DEVELOPMENTAL CHECK-UP DAY	RPP 9-11:15 S&P 1-3:15 pm Infant Massage 6:30-8	S&P 9:00-11:30 RPP 1:00-3:15	S&P 9:00-11:15 B&M 11:30-12:45	
	15	16	17	18	19	20
	RPP 8:30-11:15 RPP 1:00-3:15	COPEing with Toddler Behavior 9:15-11:15 am To register Call 752-4301	RPP 9-11:15 S&P 1-3:15 pm Infant Massage 6:30-8	S&P 9:00-11:30 RPP 1:00-3:15 *Good Food Club PICKUP and FOOD DEMO	S&P 9:00-11:15 B&M 11:30-12:45	
Parenting & Family Coaches: Nancy Keeler, Mary-Rose McMullin	22	23	24	25	26	27
	RPP 8:30-11:15 RPP 1:00-3:15	COPEing with Toddler Behavior 9:15-11:15 am	RPP 9-11:15 S&P 1-3:15 pm Infant Massage 6:30-8	S&P 9:00-11:30 RPP 1:00-3:15	S&P 9:00-11:15 B&M 11:30-12:45	
Counsellors: Margie Hartley Brett Drewry	29	30	31			
	RPP 8:30-11:15 RPP 1:00-3:15	COPEing with Toddler Behavior 9:15-11:15 am	RPP 9-11:15 S&P 1-3:15 pm **FAMILY NIGHT LIVE!! 6-7:30 pm			

"When a child is not helped with her intense feelings - alarm systems in her lower brain can be made to be overactive in later years." Margot Sunderland

COPEing with Toddler Behavior

8 Tuesday mornings 9:15-11:15 am

March 16- May 11 (no class Apr. 6)

A fun, interactive course to help you COPE!!!!

For parents/caregivers of children 18-36 months

Childcare provided

Call Nancy or Mary-Rose 403-752-4301

to register No charge

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Wondering About Your Child's Development?

To book a developmental check-up

on MARCH 9

call or talk to Nancy, Rena, or

Mary-Rose 403-752-4301

★★★★★

BEW FCSS COUNSELLING

BEW FCSS counsellors assist in personal, teen, family, and marriage counselling.

Call Brett Drewry 403-752-5430 or

Margie Hartley 403-752-4301 ext. 2



**Daddy & Me will be the first
Wed. of every month.**

*****MARCH 3, 2010 Stay & Play
with the man in your child's life!**

What's Up at the Centre



GOOD FOOD BOX

A grab bag of fruits and veggies at wholesale prices. Pay \$10.50 on the first Thursday of the month and pick up your food on the third Thursday (this month, the fourth Thursday) at the Parent Link Centre. Sign up for the food demo at 4pm on pickup day. You can make and take home something yummy!! For free!!!!

Good Food Box orders are due

Thursday, Mar. 4 by 3 PM.

SORRY, NO LATE ORDERS!

PICKUP WILL BE THURSDAY, March 18

From 3:30-5 (ask if you need to pick up earlier)



Family Night Live

Activities, Laughs, and Healthy Snacks

WED., MARCH 31, 6:00pm-7:30pm

**Who: For kids 6-12 years old
with an adult**

**When: Monthly on the last Wednesday
of every month. (except Dec. and June)**

**Where: At the Raymond Parent Link Centre
(SW corner of the Elementary School)**

Childcare will be provided for children

1½-5 years of age.

**Please RSVP by Friday, Mar. 23 to help us
arrange food/caregivers.**

Call the Parent Link Centre 403-752-4301

S&P - STAY & PLAY

Stay & Play is a fun program for parents and children (birth to six years) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science, and creative art are all available in a safe and inviting learning environment.

A day at Stay & Play: Free play--
Circle time--Snack--Messy play--

Cleanup and good-bye

Drop in Wednesday afternoons

1:00-3:15 pm

and/or Thursday mornings 9:00-11:30

or Friday mornings 9:00 am-11:15



BABY & ME

(FORMERLY MUMS THE WORD)

A great opportunity for parents of babies (up to 24 months) to meet others.

Come to get new ideas and to make new friends.

We'll talk about how your baby learns and grows, and any concerns you might have.

Bring your babe and enjoy a morning out!

Every Friday from 11:30-12:45 am

Child care will be available for siblings