



September 2010

Vauxhall & Grassy Lake Parent Link Centre

403-654-7069



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Parenting and Family Coach Maria Wiebe Phone: 1(403)654-7069</p> <p>Parents As Teachers Lorry Vanden Dungen Phone: (403)308-1538</p> <p>Infant Pre-school Developmental Educator Erin Moland Phone: (403)223-4403</p> <p>Youth Coach Amanda Laturus Phone:(403)223-4403</p> <p>Family Counsellor Margie Hartley Phone:(403)223-4403</p>			1	2	3	4	
	6	7	8	9	10	11	
			Grassy Lake Stay & Play 10:00am-12:00am Chamberlain		Vauxhall Stay & Play (English Speaking) 10:00am-12:00am VES		
	13	14	15	16	17	18	
			Grassy Lake Stay & Play 10:00am-12:00am Chamberlain		Vauxhall Stay & Play (English Speaking) 10:00am-12:00am VES		
	20	21	22	23	24	25	
			Grassy Lake Stay & Play 10:00am-12:00am Chamberlain	Parenting the Strong Willed 6:30pm-8:30pm VES	Vauxhall Stay & Play (English Speaking) 10:00am-12:00am VES		
	27	28	29	30	31		
Vauxhall Family Fun Stay & Play 6:30pm-8:00pm VES		Grassy Lake Stay & Play 10:00am-12:00am Chamberlain	Parenting the Strong Willed 6:30pm-8:30pm VES	Vauxhall Stay & Play (English Speaking) 10:00am-12:00am VES			

"Tumbling on the grass with a loving adult or friend is essential for healthy brain development. It not only lets off energy but it actually enhances higher brain development." Margot Sunderland

These programs are funded by provincial and municipal governments. There is NO CHARGE! www.bewfcss.ab.ca

Stay & Play

Stay & Play is an exciting program for children (birth to 5 years old) and their parents to attend together. There is no charge and registration is not required. Come, drop in and see how you can help your child learn, grow and progress. Songs, rhymes, stories, sand and water play, and housekeeping, blocks, science and creative activities are available in an inviting and safe environment.

Typical day at Stay & Play

Free Play - Snack - Circle Time -
Messy Play - Tidy Up Time - Time to Go

Vauxhall

When: Friday Mornings (English Speaking)

Time: 10:00 am - 12:00 noon

Where: Parent Link Room/Pre-K Room in the Vauxhall
Elementary School

Grassy Lake

When: Wednesday Mornings

(German & English Speaking)

Time: 10:00 am - 12:00 noon

Where: Kindergarten room in the Chamberlain School

For more information contact Maria Wiebe at
(403)654-7069

Parents As Teachers

Parents As Teachers provides parent education and family support to families throughout pregnancy until their child enters kindergarten, usually age 5.

For more information contact:

Lorry Vanden Dungen Phone: (403)308-1538

What's Up at the Centre

Barons-Eureka-Warner Family &
Community Support Services (FCSS)
assists individuals, families and
communities to reach their potential
through Counselling, Teen's, Parenting's,
Senior's, Volunteer and Children's
Programs.

These programs are funded by provincial
and municipal governments. There is **NO
CHARGE!**

Parenting The Strong-Willed Child

This workshop is for parents of children ages 2 - 6 years of age whose behaviour is resistant and oppositional. This course runs over 6 sessions held once a week. You will be learning a series of five skills that, when put together, should have a significant, positive impact on your child's behaviour. The course will involve group discussion as well as learning and practicing skills.

For more information please contact Maria Wiebe at (403)654-2422 or (403)654-7069 Or Lorry Vanden Dungen at (403)308-1538

Dates: Thursdays September 23rd, 30th, October 7th, 14th, 21st and 28th.

Time : 6:30pm-8:30pm

Location: Vauxhall Elementary School

Fee: Covered by your Municipal Government

Family Fun Stay & Play

Family Fun "Stay & Play" is an opportunity for Family's to have a night out. Everyone is welcome. No charge, drop in and have some fun. Monday September 27th in the Parent Link Room from 6:30pm-8:00pm.

Stay & Play Packs

These are bags containing a children's book and a parenting resource booklet about one childhood issues. They are fun packs to do with your child. They may be borrowed from the Parent Link Center for one week.

Also any of the parenting books, and children's books maybe borrowed as well.

Just sign them out.

Counselling

Teen Program:

Amanda Luturnus is available to provide counselling with teens and their families at no charge.

Couple & Family Counselling:

Margie Hartley is available to provide individual, couple and family counselling at no charge. For more information you can contact Margie @223-4403.