



January 2012

Coalhurst Parent Link Centre



www.bewfcss.ab.ca

Phone 403-320-1931

www.parentlinkalberta.ca

<p>Welcome to the Coalhurst Parent Link Centre!</p> <p>Parenting & Family Coach: Brenda Rathwell</p> <p>Counsellor: Lisa Parkin</p> <p>Teen Programs: Tanie Ried-Walker</p>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
			No Programs		No Programs	
	9	10	11	12	13	14
		Triple P one-on-one Sessions	Stay and Play 9:30-11:30	Infant Massage 10:30-12	Stay and Play 9:30-11:30	
	16	17	18	19	20	21
		Triple P one-on-one Sessions	Stay and Play 9:30-11:30	Infant Massage 10:30-12	Stay and Play 9:30-11:30	
	23	24	25	26	27	28
		Triple P one-on-one Sessions	Stay and Play 9:30-11:30 Muffin Morning Presenter: Speech and Language Pathologist	Infant Massage 10:30-12 Family Night & Literacy Activities 6-7:30 Registration is Required	Stay and Play 9:30-11:30	
30	31					
	Triple P one-on-one Sessions					

To us, family means putting your arms around each other and being there.

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca

BEW FCSS
Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is **NO CHARGE!**

Stay and Play:

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

Wednesdays and Fridays: 9:30am-11:30am

We invite all family members to join us at Stay & Play - Moms, Dads, and Grandparents

COUNSELLING - BEW FCSS:

BEW FCSS counsellors are available for counselling services Monday through Friday 8:30 - 4:30 pm. Please call to make an appointment with
or
at 403-345-3000

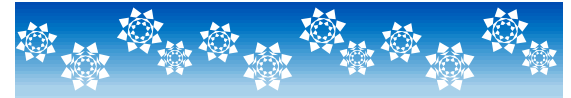
TRIPLE P PARENTING PROGRAM

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-320-1931
Triple P Practitioner - Brenda Rathwell

Infant Massage:

Call Rose at Parents As Teachers
403-892-5364 to Register



ASQ Birthday Check-up Party

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development

When: Tues. February 14, 2012

Time: 9:00-11:30

Place: Coalhurst Parent Link Centre
Coalhurst Elementary School

Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months-5 years and their Parents/caregivers

Program runs from September to May

To Register call 403-320-3499

And leave a message.

Family Night and Literacy Day Activities

Thursday, Jan. 26

6:00pm-7:30pm

Registration is required