



January 2012

Nobleford Parent Link Centre



www.bewfcss.ab.ca

Phone 403-320-1931

www.parentlinkalberta.ca

<p>Welcome to the Nobleford Parent Link Centre!</p> <p>Parenting & Family Coach: Brenda Rathwell</p> <p>Counsellor: Lisa Parkin</p> <p>Teen Programs: Tanie Ried-Walker</p>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
	No Programs			No Programs	Nobleford Community Night 6:30-8:30	
	9	10	11	12	13	14
	Stay and Play 9:30-11:30			Stay and Play 9:30-11:30		
	16	17	18	19	20	21
	Stay and Play 9:30-11:30			Stay and Play 9:30-11:30	Nobleford Community Night 6:30-8:30pm	
	23	24	25	26	27	28
	Stay and Play 9:30-11:30			Stay and Play 9:30-11:30		
	30	31				
Stay and Play 9:30-11:30						

To us, family means putting your arms around each other and being there.

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca

BEW FCSS **Parent Link Centre**

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments.
There is **NO CHARGE!**

Stay and Play:

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

Mondays and Thursdays: 9:30am-11:30am

***We invite all family members to
join us at Stay & Play -
Moms, Dads, and Grandparents***

COUNSELLING - BEW FCSS:

BEW FCSS counsellors are available for counselling services Monday through Friday
8:30 - 4:30 pm. Please call to make an appointment with
or
at 403-345-3000

TRIPLE P PARENTING PROGRAM

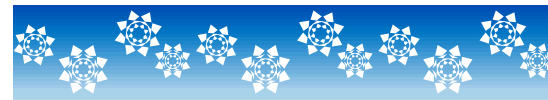
The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-320-1931
Triple P Practitioner - Brenda Rathwell

Infant Massage:

Starting in Feb. 2012

Call Brenda for more information:
403-320-1931



ASQ Birthday Check-up Party

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development

When: Thursday February 16, 2012

Time: 9:00-11:30

**Place: Nobleford Parent Link Centre
Nobleford Community Complex**

Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months-5 years and their Parents/caregivers

Program runs from September to May

To Register call 403-320-3499

And leave a message.