



# January 2012



## The Picture Butte Parent Link Centre

607 Highway Avenue North-403-732-5470

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)

**Welcome  
to the  
Picture  
Butte  
Parent Link  
Centre!**

**Parenting & Family  
Coach:  
Sheila Roth  
403-345-6577**

**Counsellors:  
Lisa Parkin  
403-331-7595**

**Tanie  
Reid-Walker  
403-345-3000  
1-866-345-8800**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
9	10	11	12	13	14
Stay & Play 9:30-11:30am					
16	17	18	19	20	21
Stay & Play 9:30-11:30 am		PPP 9:00 - 11:30 am	PPP 9:00 - 11:30 am		
23	24	25	26	27	28
Stay & Play 9:30-11:30 am		PPP 9:00 - 11:30 am	PPP 9:00 - 11:30 am		
30	31				
Stay & Play 9:30-11:30am					

## **BEW FCSS** **Parent Link Centre**

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer's and Children's Programs. These programs are funded by provincial and municipal governments.  
There is **NO CHARGE!**

### **Stay and Play:**

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

### **A Typical day at Stay & Play:**

Free Play-Snack-Circle Time-Messy Play-  
Tidy Up Time-Time to Go  
Mondays 9:30am-11:30am

*We invite all family members to  
join us at Stay & Play -  
Moms, Dads, and Grandparents*

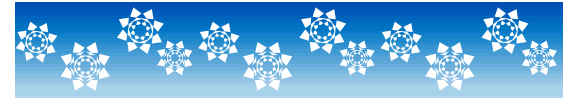
### **COUNSELLING - BEW FCSS:**

BEW FCSS counsellors are available for counselling services Monday through Friday  
8:30 - 4:30 pm. Please call to make an appointment with  
Lisa Parkin  
Or  
Tanie Reid-Walker  
at 403-345-3000  
or email her at  
[Tanie.Reid@albertahealthservices.ca](mailto:Tanie.Reid@albertahealthservices.ca)  
To make an appointment. No charge.

### **TRIPLE P PARENTING PROGRAM**

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-345-6577  
Triple P Practitioner -  
Maria Klassen



### **ASQ Birthday Check-up Party**

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development
- Please call to register 403-345-6577

**When:** January 23

**Time:** 9:30 - 11:30 am

**Place:** Picture Butte Parent Link Centre

### **Parent Preschool Program of South Western Alberta**

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

**Who:** children 16 months-5 years and their  
Parents/caregivers

Program runs from September to May

**To Register call 403-320-3499**

And leave a message.