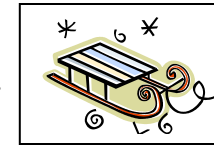




# January 2012

## Stirling Parent Link Centre



[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

Phone 403 756-3572

[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)

**Welcome**  
to the  
**Stirling**  
**Parent Link**  
**Centre!**

**Parenting & Family**  
**Coaches:**  
**Stacey Maynes**  
(403) 756-3572

**Counsellor:**  
**Margie Hartley**  
Family Counsellor  
(403)752-5430

**Teen Programs:**  
**Stacey Maynes**  
(403) 756-3572

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
					
9	10	11	12	13	14
3,2,1 Move 10am-11am		<i>Family Night</i> <i>Live</i> 6-7:30	Stay and Play 9:15-11:15 and 1pm- 3pm		
16	17	18	19	20	21
3,2,1 Move 10am-11am		COPEING with Toddler Behavior 9:15-11:15 Triple P Seminar #1 6:30-7:30	Stay and Play 9:15-11:15 and 1pm- 3pm		
23	24	25	26	27	28
3,2,1 Move 10am-11am	ASQ Birthday Party 9:30	COPEING with Toddler Behavior 9:15-11:15 Triple P Seminar #1 6:30-7:30	Stay and Play 9:15-11:15 and 1pm- 3pm		
30	31				
3,2,1 Move 10am-11am					

**BEW FCSS**  
**Parent Link Centre**

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is **NO CHARGE!**

**Stay and Play:**

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

**A Typical day at Stay & Play:**

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go  
Wednesdays: 9:15am-11:15am  
1pm-3pm

***We invite all family members to join us at Stay & Play - Moms, Dads, and Grandparents***

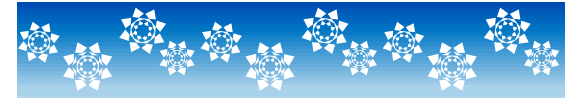
**COUNSELLING - BEW FCSS:**

BEW FCSS counsellors are available for counselling services Monday through Friday 8:30 - 4:30 pm. Please call to make an appointment with  
or  
at 403-752-5430

**TRIPLE P PARENTING PROGRAM**

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-756-3572  
Triple P Practitioner - Stacey Maynes



**ASQ Birthday Check-up Party**

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development

**When: Tuesday January 24, 2012**

**Time: 9:30am**

**Place: Stirling Parent Link Center**

**Family Night Live**

**Activities, Laughs and Healthy Snacks!**

For kids 6-12 and their parents. Childcare is provided for younger siblings. Come and create lasting memories with your family.

**Kelly Jetten**

**Public Health Nurse**

(403) 752-5430

