



February 2012

Grassy Lake Parent Link Centre

Phone 403-223-7230



www.bewfcss.ab.ca

www.parentlinkalberta.ca

**Welcome
to the
Grassy
Lake
Parent Link
Centre!**

**Parenting & Family
Coaches:**

Brandi Young
Kim Forchuk
Jackie Fiorino
Christine Kinahan

Counsellor:

Karen Lanser
Margie Hartley

Youth Coach:

Amanda Laturnus

**Immunization Clinic
by appointment only
(Monday-Friday)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		Grassy Lake S&P 10:00am-11:45am Senior Moment 1:00pm-4:00pm	Stay Play & Learn 9:30am-11:30am	Taber S&P 9:30am-11:30am	
6	7	8	9	10	11
Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Grassy Lake S&P 10:00am-11:45am Senior Moment 1:00pm-4:00pm	Stay Play & Learn 9:30am-11:30am	Taber S&P 9:30am-11:30am	
13	14	15	16	17	18
Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Grassy Lake S&P 10:00am-11:45am ASQ Birthday Check-up Party 12:30pm and 2:00pm Senior Moment 1:00pm-4:00pm	Stay Play & Learn 9:30am-11:30am Family Night 6:00pm-7:30pm	Taber S&P 9:30am-11:30am	
20	21	22	23	24	25
Reading Week -No Programming					
27	28	29			
Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Parent Preschool Program 9:00-11:30am 12:30-3:00pm	Grassy Lake S&P 10:00am-11:45am Baby & Me 10:00am-11:30am Senior Moment 1:00pm-4:00pm			



Courses or programs may be cancelled due to lack of response, inclement weather, etc. Please check website www.bewfcss.ab.ca

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca

BEW FCSS
Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is **NO CHARGE!**

Stay and Play:

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

Wednesdays and Fridays: 9:30am-11:30am

We invite all family members to join us at Stay & Play - Moms, Dads, and Grandparents

Senior Moment

Sharing Our Memories through Photos:
Wednesdays February 1-March 28th

Time: 1:00pm-4:00pm

Taber Community Health

Contact Karen Hitchcock

TRIPLE P PARENTING PROGRAM

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-223-7230

Triple P Practitioner - Jackie Fiorino

Baby & Me

February 29-March 28

Wednesdays: 10:00am-11:30am

A great opportunity for parents of children newborn to 18 months to learn about the challenges and rewards of parenting. Bring your baby and enjoy a morning out. Get new ideas - Address concerns - Make new friends - Dynamic presenters.

Call Christine to register: 403-223-7230



ASQ Birthday Check-up Party

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development

When: February 15, 2012

Time: 12:30pm and 2:00 pm

Place: Taber Parent Link Centre
5009 56th Street

Ages 2 months-60 months.

Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months-5 years and their Parents/caregivers

Program runs from September to May

To Register call 403-320-3499

And leave a message.

FAMILY NIGHT:

Family Night is an opportunity for family's to have a night out.

Everyone is welcome.

No charge, drop-in and have some fun.

Thursday, February 15, 2012 (6:00 - 7:30 pm)