



February 2012

Nobleford Parent Link Centre



www.bewfcss.ab.ca

Phone 403-320-1931

www.parentlinkalberta.ca

**Welcome
to the
Coalhurst
Parent Link
Centre!**

**Parenting & Family
Coach:
Brenda Rathwell**

**Counsellor:
Lisa Parkin**

**Counsellor:
Tanie Ried-Walker**



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------|-------------|-----------------------------|--|----------|
| | | 1 | 2 | 3 | 4 |
| | | | Stay and Play 9:30-11:30 | PPP 9:00-11:30 | |
| 6 | 7 | 8 | 9 | 10 | 11 |
| Infant Massage Stay and Play 9:30-11:30 PPP 12:30-3:00 | | | Stay and Play 9:30-11:30 | PPP 9:00-11:30 | |
| 13 | 14 | 15 | 16 | 17 | 18 |
| Infant Massage Stay and Play 9:30-11:30 PPP 12:30-3:00 | | | Stay and Play 9:30-11:30 | PPP 9:00-11:30 Nobleford Community Night 6:30-8:30 | |
| 20 | 21 | 22 | 23 | 24 | 25 |
| No Programs | No Programs | No Programs | No Programs | No Programs | |
| 27 | 28 | 29 | | | |
| Infant Massage Stay and Play 9:30-11:30 PPP 12:30-3:00 | | | | | |

Children learn by doing, and playing is their work. Author unknown

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca

BEW FCSS Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is **NO CHARGE!**

Stay and Play:

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-
Tidy Up Time-Time to Go

Mondays and Thursdays: 9:30am-11:30am

Infant Massage

9:00am Monday Mornings

Feb. 6, 13, 27 and Mar. 5, 19

Phone Brenda to register: 403-320-1931

COUNSELLING - BEW FCSS:

BEW FCSS counsellors are available for counselling services Monday through Friday 8:30 - 4:30 pm. Please call to make an appointment with
or
at 403-345-3000

TRIPLE P PARENTING PROGRAM

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

For more information, call 403-320-1931
Triple P Practitioner - Brenda Rathwell



ASQ Birthday Check-up Party

- Complete a short questionnaire about the growth and development of your child
- Results of the check-up will be shared with you
- Receive fun activity ideas on how to promote typical development

When: Tues. February 16, 2012

Time: 9:00-11:30

Place: Nobleford Parent Link Centre
Nobleford Community Complex

Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

Who: children 16 months-5 years and their Parents/caregivers

Program runs from September to May

To Register call 403-320-3499

And leave a message.

Community Nights

Friday Feb. 17

6 and under must be accompanied by an adult
6:30-8:30pm