







FEBRUARY 2012



Raymond Parent Link Centre

Located in the south end of Raymond Elementary School - Phone 403-752-4301

www.bewfcss.ab.ca

	Tuesday	Wednesday	Thursday	Friday	Saturday
B&M BABY AND ME		1	2	3	4
S&P Stay & Play		RPP 9:00-11:15 First Baby 11:30 S&P 1:00-3:15 Family Night Live 6:00-7:45	RPP 9-11:15 RPP 1-3:15	S&P 9-11 BABY & ME 11-12 After School Adventures	
RPP Raymond Parent Preschool	6	7	8	9	10
Parenting & Family Coaches: Nancy Keeler, Mary-Rose McMullin	RPP 9:00-11:15 RPP 1:00-3:15	Infant Massage 10:00-11:30 am POWER to PARENT 6-8 PM	First Baby 11:30 S&P 1:00-3:15	RPP 9-11:15 RPP 1-3:15 How to Talk with Kids about Sexuality 6:30-8:30 pm	S&P 9-11 BABY & ME 11-12 After School Adventures
	13	14	15	16	17
Counsellors: BEWFCSS counsellors assist in personal, teen, family, and marriage counselling free of charge. Call Margie Hartley Family Counsellor 403-752-5430	RPP 9:00-11:15 RPP 1:00-3:15 (Bring valentines)	Infant Massage 10:00-11:30 am POWER to PARENT 6-8 PM VALENTINE'S DAY ♥	RPP 9:00-11:15 (Bring valentines) First Baby 11:30 S&P 1:00-3:15	RPP 9-11:15 RPP 1-3:15 (Bring valentines)	S&P 9-11 BABY & ME 11-12 After School Adventures
	20	21	22	23	24
No Classes	No classes	S&P 1:00-3:15? May be happening—call Nancy	No classes	S&P 9-11 ? May be happening—call Nancy	
	27	28	29	  	
	RPP 9:00-11:15 RPP 1:00-3:15	Infant Massage 10:00-11:30 am POWER to PARENT 6-8 PM	RPP 9:00-11:15 First Baby 11:30 S&P 1:00-3:15		

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca

Please be advised that information on calendars is subject to change without notice. Please note programs may be cancelled due bad weather or lack of response.

BEW FCSS

Raymond Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is **NO CHARGE!**

POWER TO PARENT

8 Tuesday evenings

Jan 10- Mar 13, 6:00-8:00 pm

Practical suggestions for parenting children (of all ages) with attachment in mind.

AFTER SCHOOL ADVENTURES

Meet to eat lunch (bring your own).

Who: Children GRADES 3-6
When: Fridays, 12:00 pm – 3:00 pm
Where: Parent Link Centre
What: Gym time, crafts/cooking, active games, FUN!!

For more info or registration forms call 403-752-4301.

NO ACTIVITY ON PD DAYS

ASQ BIRTHDAY CHECK-UP PARTY

When: TUESDAY, March 20
Time: 9:00 or 10:30 am
Where: Raymond Parent Link Centre

- Complete a short questionnaire with your child about their growth and development
- Receive fun activity ideas on how to promote typical development
- CALL TO REGISTER if your child has a birthday in February, March, or April

FIRST BABY & ME (post-natal class)

A discussion group for parents of new babies. We'll talk about feeding, sleeping, and safety issues. Bring your baby and enjoy a morning out!

NO CHILDCARE OFFERED

Date: EVERY WEDNESDAY
11:30 am-12:45 pm

Location: Raymond Parent Link Centre



BABY & ME

A great opportunity for parents of babies (up to 24 months) to meet others. Come to get new ideas and to make new friends. We'll talk about how your baby learns and grows, and any concerns you might have. Bring your baby and enjoy a morning out!

EVERY FRIDAY 11:00 am-12:00 pm

Child care will be available for preschool siblings.



FAMILY NIGHT LIVE

Activities, Laughs, and Healthy Snacks!
Please RSVP to help us arrange for food/caregivers!

***Wednesday, FEBRUARY 1, 6:00-7:45 pm**

Who: For kids 6-12 years old with an adult
When: Monthly on the first Wednesday of every month.
Where: At the Raymond Parent Link Centre (SW corner of the Elementary School)
PLEASE REGISTER at the Parent Link Centre 403-752-4301

HELP! HOW TO TALK TO YOUR KIDS ABOUT SEXUALITY

THURSDAY, FEB. 9, 6:30-8:30 PM

How do we know what kids need to know and when? An informative evening with Tami Buroker (Voht).

CALL 403-752-4301 TO REGISTER



STAY & PLAY

Stay & Play is a valuable program for parents and children (birth to 5 years old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle
Time-Messy Play-
Tidy Up Time-Time to Go

Wednesdays 1:00-3:15 pm

Fridays : 9:00am-11:00 am

We invite all family members to join us at Stay & Play: Moms, Dads, and Grandparents

COUNSELLING – BEW FCSS

BEWFCSS Counsellors are available for counselling services Monday through Friday 8:30 – 4:30 pm. Please call to make an appointment with Margie Hartley at 403-752-5430.

With support from Provincial & Municipal governments, all services are available at minimal or **no charge** to residents. www.bewfcss.ab.ca
Please be advised that information on calendars is subject to change without notice. We are not responsible for the cancellation of programs due to lack of response.