



February 2011

The Stirling Parent Link Centre

(403) 756-3572



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Stacey Maynes Parenting and Family Coach (403) 756-3572		1	2	3	4	5
			Stay and Play 9:15-11:15 Stay and Play 1-3	Drop off Good Food Box order in Raymond Daddy and Me 6-7:30pm	Attachment Presentation 9:30-11:30 Teen Night 7-9	
Kerri Heggie Teen Specialist (403) 752-4301	7	8	9	10	11	12
		ASQ Birthday Party 9:30	Stay and Play 9:15-11:15 Stay and Play 1-3	Baby and Me 10-11:30	Attachment Presentation 9:30-11:30	
Brett Drewry Family Counsellor (403)752-5430	14	15	16	17	18	19
			Stay and Play 9:15-11:15 Stay and Play 1-3	Pick up Good Food Box in Raymond Baby and Me 10-11:30 Family Night Live 6-7:30	Drop in Stay and Play 9:30-11:30	
Kelly Jetten Public Health Nurse and Good Food Box contact (403) 752-5430 GFB=Good Food Box	21	22	23	24	25	26
		Family Week No Programs				
	28					

"Play promotes learning, discovery, imagination, thinking, social and emotional skills and self-confidence."
Early Learning and Family Supports, Greg Pratt B.Sc. and Robbin Gibb Ph.D

BEW FCSS COUNSELLING

BEW FCSS counsellors assist in personal, teen, family, and marriage counselling.

Call for an appointment:

Brett Drewry 752-5430

Kerry Heggie 752-4301

INFORMATION

We have lots of information about parenting and community resources. Just ask!

STAY AND PLAY PACKS

These are bags containing a children's book and a parenting resource booklet about some childhood issues. They are fun packs to do with your child. They may be borrowed from the Parent Link Center for one week.

Also any of the parenting books, and children's books maybe borrowed as well. Just sign them out.

Better Beginning Program

For pregnant and parenting women, offering non judgmental support and promoting healthy lifestyle choices. Please call our local health care nurse Kelly at 403 752 5430.

What's Up at the Parent Link Center?

Come on Friday the 18th for a drop in Stay and Play.

We are also offering Baby and Me again. It will be on the 2nd and 4th Thursday's each month. Childcare will be offered for older children. No registration required.

Good Food Box

We are still doing the good food box. We are in need of a volunteer to take the orders to Raymond once a month. If you are interested in doing this please let me know. Otherwise if you want to do the Good Food Box you need to drop off your orders at the Raymond Health Unit, or the Raymond Parent Link Center.

Family Night Live

Activities, Laughs and Healthy Snacks!
For kids 6-12 and their parent. Please pre-register by Monday the 17th.

STAY AND PLAY

Stay and Play is a valuable program for parents and children (birth to six years) to attend together. Songs, rhymes, stories, sand and water play, dress ups and housekeeping, blocks, science, and creative art are all available in a safe and inviting learning environment.

Come drop in and see what we're all about!

Birthday Check up Party

For children 5yrs and under

If your child has a birthday this November, please come to our birthday party check up. You will be asked to fill out a questionnaire about the growth and development of your child. The results of the check up will be shared with you. You will receive fun activity ideas on how to promote typical development.

Daddy and Me

Playing together: a fathers other responsibility. Actually it's a great opportunity for dad's and their children (0-6yrs). Fun, safety, new idea's, positive attention from someone they love, and a memory bank of good times. Older siblings are welcome.

