

## Picture Butte Parent Link Centre & Barons-Eureka-Warner FCSS

607 Highway Avenue North Phone 403-732-5470  
(Serving Picture Butte & the County of Lethbridge)

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)



	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
<b>Parenting &amp; Family Coach</b> <b>Janet Fekete</b> 403-732-5470 <a href="mailto:janet.fekete@bewfcss.ab.ca">janet.fekete@bewfcss.ab.ca</a>	<b>Stay &amp; Play</b> Quedate y Juega 9:30am-11:30am		 <b>Baby &amp; Me</b> 10:15am-11:30am	<b>Parent Preschool Program</b> 9:00am - 11:30am	
	9	10	11	12	13
<b>Counsellors</b> <b>Lisa Vanden Dungen</b> 403-405-4466 ext 25 <a href="mailto:lisa.vandendungen@bewfcss.ab.ca">lisa.vandendungen@bewfcss.ab.ca</a>	No Program 		 <b>Baby &amp; Me</b> 10:15am-11:30am	<b>Parent Preschool Program</b> 9:00am - 11:30am	
	16	17	18	19	20
<b>Tanie Reid-Walker</b> 403-360-2111 (texting accepted) <a href="mailto:tanie.reid-walker@bewfcss.ab.ca">tanie.reid-walker@bewfcss.ab.ca</a>	<b>Stay &amp; Play</b> Quedate y Juega 9:30am-11:30am		 <b>Baby &amp; Me</b> 10:15am-11:30am	<b>Parent Preschool Program</b> 9:00am - 11:30am	
	23	24	25	26	27
<b>Youth Empowerment Coach</b> <b>Amanda Lawrence</b> 403-405-4466 ext 2751 <a href="mailto:amanda.lawrence@bewfcss.ab.ca">amanda.lawrence@bewfcss.ab.ca</a>	No Program	<b>Family Building Night</b> <b>Shaughnessy</b> 5:45pm-7:30 pm (see 2 <sup>nd</sup> page for details)	 <b>Baby &amp; Me</b> 10:15am-11:30am	<b>Parent Preschool Program</b> 9:00am - 11:30am	
	30	31			
	<b>Stay &amp; Play</b> Quedate y Juega 9:30am-11:30am				

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website ([www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)) for changes and updates.

## Connecting parents to the resources in their community

Your Parenting and Family Coach can assist  
you with the following:

- Early Childhood Development Information
- Childhood Developmental Screening
- Parent Education
- Family Support
- Information and Referral

### WONDERING ABOUT YOUR CHILD'S DEVELOPMENT?

**Ages 2 months to 60 months**

A developmental check-up will help you see if your child is developing typically with speech, language, social interactions and/or motor skills. **The Ages and Stages Questionnaire** can give you a guideline to tell if your child is doing what other children of the same age are typically doing. It is a great tool to know what activities you might try next and to see if additional support might be needed.

### **TRIPLE P POSITIVE PARENTING PROGRAM**

[www.triplepstaypositive.net](http://www.triplepstaypositive.net)

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.



For more information contact  
Janet Fekete 403-732-5470  
[janet.fekete@bewfcss.ab.ca](mailto:janet.fekete@bewfcss.ab.ca)

### STAY & PLAY

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together.

There is **no charge**

and registration is not required.

Drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

### Community Calendar

For more information on what is happening in  
Picture Butte and area, visit:

<https://sites.google.com/view/picturebuttecalendar>

## Family Building Night

Families with young children  
(older children are welcome too!)  
please come join us for **supper** and a  
fun night of **construction**.

### **Shaughnessy Community Hall**

133 3<sup>rd</sup> St.

**October 24, 2017**

**5:45 – 7:30 pm**

Registration is required.

Please register by

**October 20<sup>th</sup>, 2017.**

For more information or

**TO REGISTER** please contact

Cynthia Chisholm at

[403-405-4466 ext. 27](tel:403-405-4466) or

Janet Fekete at [403-732-5470](tel:403-732-5470)

## **Barons-Eureka-Warner FCSS COUNSELLING**

Barons-Eureka-Warner FCSS Counsellors  
are available for counselling services at no  
charge. Please call to make an appointment.

**Lisa Vanden Dungen** 403-405-4466 Ext: 25

**Tanie Reid-Walker** 403-360-2111 (phone or text)

### Barons-Eureka-Warner FCSS

#### Parent Link Centre

Barons-Eureka-Warner Family & Community  
Support Services (FCSS) assists individuals,  
families and communities to reach their  
potential through Counselling, Teen's, Parenting,  
Senior's, Volunteer and Children's Programs.  
These programs are funded by provincial and  
municipal governments.

There is minimal or **NO CHARGE!**

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

### Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation  
education program for your child(ren), as well as  
an informative and exciting speaker program for  
parents or caregivers.

**Who:** children 16 months-5 years and their  
Parents/caregivers

Program runs from September to March

**Register online:**

<http://parentpreschoolprogram.weebly.com/>

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