

Raymond Parent Link Centre & Barons-Eureka-Warner FCSS

(serving Raymond and County of Warner)

www.bewfcss.ab.ca



Located in the south end of Raymond Elementary School - Phone 403-752-4301

www.parentlinkalberta.ca

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|-----------------------------------|---|---|--|
| Parenting & Family Coach: Nancy Keeler Parent/Child Programmer: Myrna Sopal | 2 | 3 | 4 | 5 | 6 |
| | Messy Play & Music Makers - 9:00-11:00 am Magical Monday 2:00-3:15 pm | | Wacky Wednesday 9:00-11:00 am Stay & Play 1:00-3:15 pm | Loose Parts Play 9:30-11:00am Move It, Move It & Come Build with Me 1:00-3:00 pm | S&P - 9:00-11:00 am Rhyme and Lullaby 11:00am-12:00 pm ASA - noon-3pm |
| Family Counsellor: Laura Devlin 403-752-5430 Located at the Community Health Building (Hospital) | 9 | 10 | 11 | 12 | 13 |
| | | | Wacky Wednesday 9:00-11:00 am Stay & Play 1:00-3:15 pm | Loose Parts Play 9:30-11:00am Move It, Move It & Come Build with Me 1:00-3:00 pm | S&P - 9:00-11:00 am Rhyme and Lullaby 11:00am-12:00 pm ASA - noon-3pm |
| Youth Outreach Programmer: Stephanie Gruninger 403-752-4301 Assistant Coach: Denise Wright | 16 | 17 | 18 | 19 | 20 |
| | Messy Play & Music Makers - 9:00-11:00 am Magical Monday 2:00-3:15 pm | <u>INFANT MASSAGE</u> 10-11:30 am | Wacky Wednesday 9:00-11:00 am Stay & Play 1:00-3:15 pm | Loose Parts Play 9:30-11:00am Move It, Move It & Come Build with Me 1:00-3:00 pm | S&P - 9:00-11:00 am Rhyme and Lullaby 11:00am-12:00 pm ASA - noon-3pm |
| Caregivers: Cheryl Card, Denise Wright, Eleanor Johansen, Kim Hardy, Marianne Fode, Joy Paxman | 23 | 24 | 25 | 26 | 27 |
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| S&P – Stay & Play ASA - After School Adventures | 30 | 31 | | | |
| | Messy Play & Music Makers - 9:00-11:00 am Magical Monday 2:00-3:15 pm | <u>INFANT MASSAGE</u> 10-11:30 am | | | |

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website (www.bewfcss.ab.ca) for changes and updates.

Barons-Eureka-Warner FCSS
Raymond Parent Link Centre

Barons-Eureka-Warner Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs.
These programs are funded by provincial and municipal governments.
There is minimal or **NO CHARGE!**

FAMILY COUNSELLING –
Barons-Eureka- Warner FCSS

Barons-Eureka-Warner FCSS Family Counsellor is available for counselling services Monday through Friday 8:30 – 4:30 pm. Contact Laura at 403-752-5430 ext 4316 or email Laura.Devlin@bewfcss.ab.ca

INFANT MASSAGE

Would you like to learn how massage can benefit you and your baby? Research shows that touch is essential for healthy growth and development. In this 5 week course, you will learn the special massage strokes that can benefit both you and your baby.

Connection, relaxation, and happy times for mom and baby!

Tuesdays, October 17th – November 14th
10-11:30 am

To register, please call 403-752-4301

MESSY PLAY & MUSIC MAKERS

We are excited to offer this class, it will be a great start to the week for families.

Shhhh! don't tell anyone, we are really building little brains through music, movement and sensory play.

Mondays, 9:00-11:00 am (Registration Required)

Magical Monday Afternoons

Come spark your child's imagination with an hour of fantasy, creativity and wonderful stories.

For you and your children ages 0 - 5.

Drop In – Mondays, 2:00 - 3:15 pm.

Wacky Wednesday

Play with a twist. Come see what is wacky here at the Parent Link Centre each Wed. morning.

Play with your child and help them find what's wacky too! Fun for everyone!

Wednesdays, 9:00-11:00 am (Registration Required)

LOOSE PARTS PLAY

When loose parts are introduced to infants and toddlers, rich, magnificent explorations transpire.

Astonishing learning and unexpected capabilities are revealed as the youngest of children make sense of their world. (Loose Parts2; LizaDaly, Mirian Beloglovsky)

Thursdays, 9:30-11:00 am (Registration Required)

Move It, Move It & Come Build with Me

This program is just a *hop*, *skip* and a *jump* away as we have fun with movement and balance, stacking and creativity. Check it out!

Thursdays, 1:00- 3:00 pm (Registration Required)

STAY & PLAY (S&P)

Stay & Play is a valuable program for parents and children (birth to 5 years old) to attend together. There is no charge and registration is not required.

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

Come drop in and see what we're all about!

A Typical day at Stay & Play:

Free Play –Circle Time- Snack- Messy Play- Tidy Up Time- Time to Go
Please join us!

Wednesday, 1:00-3:15 pm

Friday, 9-11:00 pm

Rhyme & Lullaby Time

Building your baby's foundation for learning through rhythm and rhyme, movement and beat as we explore the world of music.

Drop in program for families with children under 2 years of age. Childcare provided for older children.

Drop In – Fridays, 11:00 to 12:00

AFTER SCHOOL ADVENTURES

Meet to eat lunch (bring your own).

Who: Children ages 8-11

When: Fridays, 12:00 pm – 3:00 pm

Where: Parent Link Centre

What: Gym time, crafts/cooking, FUN!!

**Permission slip signed by parent is required before your child can attend. You can pick up a form at the Parent Link Centre.*

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