

## Barnwell Parent Link Centre & FCSS

500 - 2<sup>nd</sup> Street West, Village of Barnwell

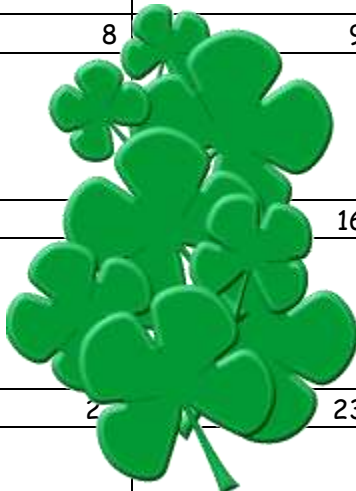
Phone 403-223-7230

*Serving the Town & MD of Taber*

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)

[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)



<b>OFFICE LOCATION</b> <b>Taber Health Centre</b> <b>4326 50 Ave. East Wing</b>  <b>Parenting &amp; Family Coaches:</b> <b>Kim Forchuk</b> 403-223-7230 ext: 2762 <a href="mailto:Kim.forchuk@ahs.ca">Kim.forchuk@ahs.ca</a> <b>Jackie Fiorino</b> 403-223-7230 ext: 2739 <a href="mailto:Jackie.fiorino@ahs.ca">Jackie.fiorino@ahs.ca</a>  <b>Family Counsellors:</b> <b>Karen Lanser</b> 403-223-7230 ext: 2740 <a href="mailto:Karen.Lanser@ahs.ca">Karen.Lanser@ahs.ca</a> <b>Bryan Bullock</b> 403-223-7230 ext: 2736 <a href="mailto:Bryan.Bullock@ahs.ca">Bryan.Bullock@ahs.ca</a>  <b>Youth Coach:</b> <b>Amanda Lawrence</b> 403-405-4466 ext: 23 <a href="mailto:amanda.lawrence@bewfcss.ab.ca">amanda.lawrence@bewfcss.ab.ca</a>	Monday	Tuesday	Wednesday	Thursday	Friday
	<div style="border: 2px solid green; padding: 10px; display: inline-block;"> <b>Brain Awareness Week</b>            March 12<sup>th</sup>-17<sup>th</sup> </div>				1
	5	6	7	8	9
	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Stay &amp; Play</b> 9:30-11:30am		
	12	13	14		
	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Stay &amp; Play</b> 9:30-11:30am		
	19	20	21		
	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>Stay &amp; Play</b> 9:30-11:30am	22	23
	26	27	28	29	30
	<b>Parent Preschool Program</b> 9:00-11:30am 12:30-3:00pm	<b>PPP 9:00-11:30am</b> 12:30-3:00pm <div style="background-color: #666699; color: white; padding: 5px; text-align: center; margin-top: 5px;"> <b>Daddy &amp; Me!</b>            5:30-7:00 pm         </div>	<b>Stay &amp; Play</b> 9:30-11:30am		

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website ([www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)) for changes and updates.

## FCSS

### Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs. These programs are funded by provincial and municipal governments. There is minimal or **NO CHARGE!**



### **TRIPLE P**

#### **POSITIVE PARENTING PROGRAM**

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

**Stepping Stones Primary Care** is a program for parents with children who have a disability that incorporates active skills training process to help parents acquire new knowledge and skills. This program is geared for parents with a specific concern about their child's behaviour (ages 0-12).

Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

[www.alberta.triplep-staypositive.net](http://www.alberta.triplep-staypositive.net)

Kim Forchuk & Jackie Fiorino  
403-223-7230

## **Stay and Play**

Stay & Play is a valuable program for parents and children (birth to 5-year-old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

#### **A Typical day at Stay & Play:**

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

***We invite all family members  
to join us at Stay & Play -  
Moms, Dads, and  
Grandparents***

## **Daddy & Me!**

Playing with Dad is fun and has so many benefits; it helps build children's confidence, resiliency and much more! This program is geared for Dads and kids 0 - 5 years, older siblings are welcome.

Supper is provided.

**Please register through Eventbrite.**

**Date: March 27, 2018**

**Time: 5:30-7:00 pm**

**Location: 500 - 2<sup>nd</sup> Street West**



## **FAMILY COUNSELLING**

FCSS Family Counsellors are available for counseling services Monday through Friday. Please call to make an appointment.  
Karen Lanser or Bryan Bullock  
403-223-7230

### **Parent Preschool Program of South Western Alberta**

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents or caregivers.

**Who:** children 16 months-5 years and their Parents/caregivers

Program runs from September to March

**To Register e-mail @**

[www.parentpreschoolprogram.weebly.com](http://www.parentpreschoolprogram.weebly.com)

### **ASQ Developmental Check-up**

Complete a short questionnaire about the growth and development of your child. Results of the check-up will be shared with you.

Receive fun activity ideas on how to promote typical development

**Ages 2 months-60 months.**

**Please call Jackie or Kim at 403-223-7230**

**There is no problem so  
great, it can't be  
solved.**

Barbara Coloroso

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