

Taber Parent Link Centre & FCSS





4809 -60 Ave Taber Christian School - Phone 403-223-7230

Serving the Town & MD of Taber

www.bewfcss.ab.ca

www.parentlinkalberta.ca



OFFICE LOCATION	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Taber Health Centre 4326 50 Ave. East Wing	2	3	4	5	6	7	
Parenting & Family Coaches: Kim Forchuk 403-223-7230 ext: 2762 Kim.forchuk@ahs.ca Jackie Fiorino 403-223-7230 ext: 2739 Jackie.fiorino@ahs.ca Family Counsellors: Karen Lanser 403-223-7230 ext: 2740 Karen.Lanser@ahs.ca Bryan Bullock 403-223-7230 ext: 2736 Bryan.Bullock@ahs.ca Youth Coach: Amanda Lawrence 403-405-4466 (option #8) amanda.lawrence@bewfcss.ab.ca	NO PROGRAMS - For personal or family counselling services, please contact Karen Lanser or Bryan Bullock at 403-223-7230.						
	9	10	11	12	13	14	
	16	17	18	19	20	21	
	Loose Parts April 17th 10:00-11:30am Taber Christian School		 Baby & Me 10:00-11:30am Taber Hospital	Stay & Play 9:30-11:30am Taber Christian School			
	 BABY & ME - April 17th 6:00-7:30pm Taber Hospital						
	23	24	25	26	27	28	
	30	 Volunteer Week April 15-21					

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents. www.bewfcss.ab.ca

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website (www.bewfcss.ab.ca) for changes and updates especially when poor weather conditions are anticipated.

FCSS

Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs.

These programs are funded by provincial and municipal governments.

There is minimal or **NO CHARGE!**



TRIPLE P

POSITIVE PARENTING PROGRAM

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

Stepping Stones Primary Care is a program for parents with children who have a disability that incorporates active skills training process to help parents acquire new knowledge and skills. This program is geared for parents with a specific concern about their child's behaviour (ages 0-12). Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

www.alberta.triplep-staypositive.net

Kim Forchuk & Jackie Fiorino
403-223-7230

Stay and Play

Stay & Play is a valuable program for parents and children (birth to 5-year-old) to attend together. There is no charge and registration is not required.

Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time

Thursdays at Taber Christian School

We invite all family members to join us at Stay & Play - Moms, Dads, and Grandparents

LOOSE PARTS

Have you ever given a gift to your child and they played with the box instead of the gift?

It's because a box can be played with in so many different ways! In the same way they play with the box, kids use their imagination and creativity to play with loose parts! Loose parts are found, bought or upcycled materials that children can move, manipulate, and change within their play.

Date: April 17th
Time: 10:00 – 11:30 am
Location: Taber Christian School
Registration: Jackie at 403-223-7230



COUNSELLING

FCSS Family Counsellors are available for counseling services Monday through Friday.

Please call to make an appointment.

Karen Lanser or Bryan Bullock 403-223-7230

ASQ Developmental Check-up

Complete a short questionnaire about the growth and development of your child.

Results of the check-up will be shared with you. Receive fun activity ideas on how to promote typical development

Place: East Wing of Taber Health Centre,
Ages 2 months-60 months.

Please call Kim or Jackie 403-223-7230

Parent Preschool Program of South Western Alberta

Parent Preschool offers a free, stimulation education program for your child(ren), as well as an informative and exciting speaker program for parents/caregivers.

Who: Children 16 mths-5 yrs and Parent/caregiver

Program runs from September to March
Village of Barnwell, 500 - 2nd Street West

To Register e-mail @

www.parentpreschoolprogram.weebly.com



Baby & Me

This class is a great opportunity for parents of children newborn to 18 months to learn about the rewards and challenges of parenting. Bring your baby and join us in an idea sharing time. It is a great way to address concerns, gather information and make new friends.

Date: Wednesdays, March 14 - May 23

Time: 10:00 am -11:30am

Location: **Taber Hospital North Side Entrance**
(Near Emergency)

Call to register: Kim or Jackie 403-223-7230

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