




## Vauxhall Parent Link Centre & FCSS

423 - 7<sup>th</sup> Street - Phone 403-654-2422

Located in the Vauxhall Elementary School  
(Serving Vauxhall and MD of Taber)

[www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)  
[www.parentlinkalberta.ca](http://www.parentlinkalberta.ca)



	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
<p><b>OFFICE LOCATION</b> Taber Health Centre 4326 50 Ave. East Wing</p> <p><b>Parenting &amp; Family Coaches:</b> Kim Forchuk 403-223-7230 ext: 2762 <a href="mailto:Kim.forchuk@ahs.ca">Kim.forchuk@ahs.ca</a> Jackie Fiorino 403-223-7230 ext: 2739 <a href="mailto:Jackie.fiorino@ahs.ca">Jackie.fiorino@ahs.ca</a></p> <p><b>Family Counsellors:</b> Karen Lanser 403-223-7230 ext: 2740 <a href="mailto:Karen.Lanser@ahs.ca">Karen.Lanser@ahs.ca</a> Bryan Bullock 403-223-7230 ext: 2736 <a href="mailto:Bryan.Bullock@ahs.ca">Bryan.Bullock@ahs.ca</a></p> <p><b>Youth Coach:</b> Amanda Lawrence 403-405-4466 (option #8) <a href="mailto:amanda.lawrence@bewfcss.ab.ca">amanda.lawrence@bewfcss.ab.ca</a></p>			<p><b>NO PROGRAM -</b> For personal or family counselling services, please contact Karen Lanser or Bryan Bullock at 403-223-7230.</p>		
	16	17	18	19	20
					<p><b>Stay &amp; Play</b> 9:30-11:30am</p>
	23	24	25	26	27
					<p><b>Stay &amp; Play</b> 9:30-11:30am</p>
					
					 <p><b>Volunteer Week</b> <b>April 15-21</b></p>

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website ([www.bewfcss.ab.ca](http://www.bewfcss.ab.ca)) for changes and updates.

## FCSS Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs.

These programs are funded by provincial and municipal governments.

There is minimal or **NO CHARGE!**



### **TRIPLE P** **POSITIVE PARENTING PROGRAM**

The Triple P Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

**Stepping Stones Primary Care** is a program for parents with children who have a disability that incorporates active skills training process to help parents acquire new knowledge and skills. This program is geared for parents with a specific concern about their child's behaviour (ages 0-12).

Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

[www.alberta.triplep-staypositive.net](http://www.alberta.triplep-staypositive.net)

Kim Forchuk & Jackie Fiorino  
403-223-7230

## **Stay and Play**

Stay & Play is a valuable program for parents and children (birth to 5-year-old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

### **A Typical day at Stay & Play:**

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

*We invite all family members to join us at Stay & Play -  
Moms, Dads, and Grandparents*



## **FAMILY COUNSELLING**

FCSS Family Counsellors are available for counseling services Monday through Friday.

Please call to make an appointment.

Karen Lanser or Bryan Bullock  
403-223-7230

## **Connecting parents to the resources in their community**

Your Parenting and Family Coach can assist you with the following:

- Parent Education
- Family Support
- Information Referrals
- Early Childhood Development

Parenting and Family Coach

Kim Forchuk [Kim.forchuk@ahs.ca](mailto:Kim.forchuk@ahs.ca)  
Or

Jackie Fiorino [Jackie.fiorino@ahs.ca](mailto:Jackie.fiorino@ahs.ca)

*If you're interacting with your baby because science says so, you are doing it for the wrong reasons.*

John Hoffman



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