

Barons Parent Link Centre & FCSS

Barons United Church - 205 Queen Street

Phone 403-405-4466

(Serving Barons and County of Lethbridge)

www.bewfcss.ab.ca
www.parentlinkalberta.ca



	Monday	Tuesday	Wednesday	Thursday	Friday		
			1	2	3		
<p>Parenting & Family Coach: Maria Klassen 403-405-4466 Extension 6 maria.klassen@bewfcss.ab.ca</p>  <p>Family Counsellor: Lisa Vanden Dungen 403-405-4466</p> <p>Teen Programs Teen Specialist and Counsellor: Tanie Reid-Walker Youth Empowerment Coach: Amanda Lawrence 403-405-4466</p> <p>Mental Health Week May 7-13</p>	<p>Stay & Play Komm und spiel mit deinen Kindern (Geburn bis 5 Jahre alt) Stay & Play ist ein rogramm für Eltern und Kinder. Mittwoch: 9.30 bis 11.30</p> <p>Come and play with your children (0 to 5 years old). Stay & Play is a program for adults & children. Wednesdays: 9:30-11:30 am</p>		<p>Stay & Play Dental Visit 9:30 - 11:30 am</p> 	<p>Dental Visit We are pleased to welcome a Dental Health Professional from Alberta Health Services during Stay & Play on May 2nd A FREE visual dental check and valuable oral health information will be available to all children.</p>	4		
			8		9	11	
			15		16	18	
			22		23	24	
			28		29	30	
					<p>Stay & Play "Kinder Concert" 9:30 - 11:30 am</p>	<p>KINDER CONCERT Lee and Sandy Paley May 23rd http://www.schoolhousesongs.com/content/view/13/31/</p>  	
					<p>Stay & Play "Loose Parts Play" 9:30 - 11:30 am</p>		

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website (www.bewfcss.ab.ca) for changes and updates.

FCSS

Barons Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs.

These programs are funded by provincial and municipal governments.

There is minimal or **NO CHARGE!**



TRIPLE P POSITIVE PARENTING PROGRAM

www.alberta.triplep-staypositive.net

Triple P gives parents simple and practical strategies to help them confidently manage their children's behaviour.

The Triple P Positive Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

For more information please contact
Maria Klassen **403-405-4466** or
maria.klassen@bewfcss.ab.ca

Stay and Play

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together. There is no charge and registration is not required.

Drop in and see what we're all about!

Songs, rhymes, stories, sand and water play, dress-ups and housekeeping, blocks, science and creative art are all available in a safe and inviting learning environment.

A Typical day at Stay & Play:

Free Play-Snack

Circle Time-Messy Play

Tidy Up Time-Time to Go

*We invite all family members to
join us at Stay & Play -
Moms, Dads, and Grandparents*

**The lending library
is for anyone interested in
reading. Please feel free
to sign out and return
books that you or your
children enjoy.**



Ask Maria for more information.

May is Better Hearing and Speech Month.

Please let us know if you have any concerns with your child's hearing or speech. www.caslpa.ca

Connecting parents to the resources in their community

Your Parenting and Family Coach can assist you with the following:

- Parent Education
- Family Support
- Information Referrals
- Early Childhood Development

FCSS COUNSELLING:

(Beratung Hilfe) BERATUNG

FCSS family counsellors are available for counselling services at no charge. Monday through Friday 8:30 - 4:30 pm. Please call to make an appointment.

Lisa Vanden Dungen or Tanie Reid-Walker
403-405-4466

WONDERING ABOUT YOUR CHILD'S DEVELOPMENT?

Ages 2 months to 60 months

A developmental check-up will help you see if your child is developing typically with speech, language, social interactions and/or motor skills. The **Ages and Stages Questionnaire** can give you a guideline to tell if your child is doing what other children of the same age are typically doing. It is a great tool to know what activities you might try next and to see if additional support might be needed.

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