

Warner Parent Link Centre & FCSS

210 3rd Avenue Warner - 403-752-4301

(serving Warner and County of Warner)

www.bewfcss.ab.ca

www.parentlinkalberta.ca



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Parent/Child Programmer: Myrna Sopal myrna.sopal@westwind.ab.ca 403-752-4301</p> <p>Family Counsellor: Laura Devlin Laura.Devlin@bewfcss.ab.ca 403-752-5430</p> <p>Youth Outreach Programmer: Stephanie Gruninger stephanie.gruninger@bewfcss.ab.ca 403-752-4301</p>		1	2	3	4	5	
				Stay & Play 10:00 am - Noon			
	7	8	9	10	11	12	
	Mental Health Week May 7-13			Stay & Play 10:00 am - Noon			
	14	15	16	17			
			Stay & Play 10:00 am - Noon				
		22	23	24	25	26	
			Stay & Play 10:00 am - Noon				
		29	30	31	Have a great summer, See you in the FALL!		
			Stay & Play 10:00 am - Noon				

Last Stay & Play until September!

With support from Provincial and Municipal governments, all services are available at minimal or no cost to residents.

Please be advised that information and programs on calendars are subject to change without notice.

Please refer to the Facebook page or website (www.bewfcss.ab.ca) for changes and updates.

FCSS

Warner Parent Link Centre

Family & Community Support Services (FCSS) assists individuals, families and communities to reach their potential through Counselling, Teen's, Parenting, Senior's, Volunteer and Children's Programs.

These programs are funded by provincial and municipal governments.
There is minimal or **NO CHARGE!**



TRIPLE P

POSITIVE PARENTING PROGRAM

www.alberta.triplep-staypositive.net

Triple P gives parents simple and practical strategies to help them confidently manage their children's behaviour.

The Triple P Positive Parenting Program is an internationally recognized parenting program which promotes positive caring relationships between parents and their children. This program helps parents develop effective strategies for dealing with a variety of behaviours and common developmental issues.

Parents meet with a trained Triple P Practitioner, share their struggles and work on a parenting plan that is tailored to the family's needs.

For more information please contact Myrna Sopal
403-752-4301 or myrna.sopal@bewfcss.ab.ca

STAY AND PLAY:

Stay & Play is a valuable program for parents and children (birth to 5 year old) to attend together. There is no charge and registration is not required. Come drop in and see what we're all about!

A Typical day at Stay & Play:

Free Play-Snack-Circle Time-Messy Play-Tidy Up Time-Time to Go

Wednesday mornings 10:00 - Noon
at the Warner Village Office

We invite all family members to join us
at Stay & Play - Moms, Dads, and
Grandparents

FCSS FAMILY COUNSELLING:

FCSS Family Counsellors are available for counselling services, at no charge
Monday - Friday, 8:30 - 4:30 pm.
Please call Laura Devlin at
403-752-5430 or Laura.Devlin@bewfcss.ab.ca

Youth Outreach Programmer:

FCSS Youth Outreach Programmer will primary support the Raymond, Stirling and County of Warner communities to support youth within the PLC's, schools, and communities.

Contact **Stephanie Gruninger**
for more information, 403-752-4301



WONDERING ABOUT YOUR CHILD'S DEVELOPMENT?

Ages 2 months to 60 months

A developmental check-up will help you see if your child is developing typically with speech, language, social interactions and/or motor skills. **The Ages and Stages Questionnaire** can give you a guideline to tell if your child is doing what other children of the same age are typically doing. It is a great tool to know what activities you might try next and to see if additional support might be needed.

If you would like to be on the mailing list to receive the ASQ Developmental Checklists on a regular basis, please call **Myrna Sopal at 403-752-4301**

Attached parenting allows
for a deep sense of security,
a haven, a base from which
to explore.

Marlene O'Neill-Laberge



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Alberta
Community and
Social Services