



DYNAMIC DOERS

Afterschool group for girls grades 4-5

Every Thursday for 8 weeks

Dates: October 5th – November 23rd

Time: 3:30 – 4:45

Location: Raymond Parent Link Centre

Register to secure a spot by contacting
Stephanie.Gruninger@bewfcss.ab.ca
or 403-752-4301 ext. 3

Come have fun learning positive life skills and how to deal with life's challenges!

Topics Covered:

Team Building

Problem Solving

Friendship

Positive Self-talk

Kindness

Dealing with Stress

Gratitude



Barons-Eureka-Warner

Family & **C**ommunity **S**upport **S**ervices

www.bewfcss.ab.ca

Contact Stephanie if you have any questions

Stephanie.Gruninger@bewfcss.ab.ca

403-752-4301 Ext. 3

